Hours log

School year **2026-27** Child _____ Grade _____ State _____

Colorado names 172 days a year, averaging about four hours a day (Colorado Department of Education).

Month	Reading and language arts	Math	Science	Social studies	Art and music	PE and health	Other	Total hours
August								
September								
October								
November								
December								
January								
February								
March								
April								
May								
June								
July								
Year								

Core hours (reading and language arts, math, science, social studies) _____

Hours at home (if your state counts them) _____

1 Keep a running count
Jot the hours on the sheet each week, or at least each month.

2 Add up each month
Total each subject, then the month. Round to the nearest quarter hour.

3 File it with your portfolio
Keep it with the year's work samples and attendance sheet.