Read Grade 1 Informational Text

Grade 1 Reading Worksheet - Building Confidence

Name _____ Date _____

Read the text. Circle the answer.

READ THIS FIRST

Sleep

Children need sleep to grow. At night, the body rests. Most first graders sleep about ten hours every night.

1. What is this text mostly about?

   how to play at night why we need sleep what to eat at lunch

2. Which sentence is true?

   The body eats at night. The body runs at night. The body plays at night.

   The body rests at night.

3. Which sentence is also true?

   Children sleep about two hours.

   Children sleep only in the day.

   Children sleep about ten hours.

   Children never sleep.

4. Which sentence matches the text?

   Children need sleep to grow.

   Children need sleep to swim.

   Children need sleep to shrink.

   Children need sleep to fly.

5. Which sentence is true about this text?

   The body runs a race at night.

   The body works hard at night.

   The body eats lunch at night.

   The body rests at night.

Scan to get this marked free. No screen time for your child.
Print it · do it in pencil · scan it · PencilGo picks the next sheet.

Read Grade 1 Informational Text

Answer Key - Grade 1 Reading Worksheet - Building Confidence

Read the text. Circle the answer.

READ THIS FIRST

Sleep

Children need sleep to grow. At night, the body rests. Most first graders sleep about ten hours every night.

1. What is this text mostly about?

   how to play at night why we need sleep what to eat at lunch

2. Which sentence is true?

   The body eats at night. The body runs at night. The body plays at night.

   The body rests at night.

3. Which sentence is also true?

   Children sleep about two hours.

   Children sleep only in the day.

   Children sleep about ten hours.

   Children never sleep.

4. Which sentence matches the text?

   Children need sleep to grow.

   Children need sleep to swim.

   Children need sleep to shrink.

   Children need sleep to fly.

5. Which sentence is true about this text?

   The body runs a race at night.

   The body works hard at night.

   The body eats lunch at night.

   The body rests at night.