Healthy Habits

Grade 2 Science Worksheet

PencilGo

Name _____ Date _____

Circle the way this habit keeps you healthy.

1. Taking a nap when you feel worn out

   staying clean exercise healthy food sleep

2. Covering your cough

   exercise healthy food staying clean sleep

3. Resting when you are tired

   healthy food staying clean exercise sleep

4. Dancing to music

   healthy food exercise sleep staying clean

5. Climbing on the bars

   healthy food exercise sleep staying clean

6. Washing your hands after the bathroom

   staying clean sleep healthy food exercise

7. Having oatmeal for breakfast

   staying clean exercise healthy food sleep

8. Swimming laps

   healthy food sleep staying clean exercise

9. Eating vegetables at dinner

   healthy food sleep staying clean exercise

10. Jumping rope

    staying clean sleep healthy food exercise

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Answer Key - Grade 2 Science Worksheet

PencilGo

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   exercise healthy food **staying clean** sleep

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    staying clean sleep healthy food **exercise**