Healthy Habits

Grade 2 Science Worksheet - Challenge Me

Name _____ Date _____

Circle the way this habit keeps you healthy.

1. Having oatmeal for breakfast

   healthy food exercise staying clean sleep

2. Taking a bath

   staying clean healthy food exercise sleep

3. Eating fruit for a snack

   exercise staying clean sleep healthy food

4. Riding a bike

   staying clean exercise healthy food sleep

5. Washing your hands before lunch

   sleep staying clean exercise healthy food

6. Climbing on the bars

   sleep staying clean exercise healthy food

7. Eating vegetables at dinner

   staying clean exercise healthy food sleep

8. Eating a crunchy carrot

   exercise healthy food sleep staying clean

9. Taking a nap when you feel worn out

   healthy food sleep staying clean exercise

10. Brushing your teeth

    healthy food sleep exercise staying clean

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Healthy Habits

Answer Key - Grade 2 Science Worksheet - Challenge Me

Circle the way this habit keeps you healthy.

1. Having oatmeal for breakfast

   healthy food exercise staying clean sleep

2. Taking a bath

   staying clean healthy food exercise sleep

3. Eating fruit for a snack

   exercise staying clean sleep **healthy food**

4. Riding a bike

   staying clean **exercise** healthy food sleep

5. Washing your hands before lunch

   sleep **staying clean** exercise healthy food

6. Climbing on the bars

   sleep staying clean **exercise** healthy food

7. Eating vegetables at dinner

   staying clean exercise **healthy food** sleep

8. Eating a crunchy carrot

   exercise **healthy food** sleep staying clean

9. Taking a nap when you feel worn out

   healthy food **sleep** staying clean exercise

10. Brushing your teeth

    healthy food sleep exercise **staying clean**