Healthy Habits

Grade 2 Science Worksheet

PencilGo

Name _____ Date _____

Circle the way this habit keeps you healthy.

1. Dancing to music

   sleep staying clean healthy food exercise

2. Running at recess

   healthy food sleep exercise staying clean

3. Riding a bike

   staying clean sleep exercise healthy food

4. Reading a story before bed

   staying clean healthy food exercise sleep

5. Combing your hair

   staying clean sleep exercise healthy food

6. Taking a bath

   exercise staying clean sleep healthy food

7. Drinking a glass of milk

   exercise healthy food staying clean sleep

8. Brushing your teeth

   staying clean exercise healthy food sleep

9. Covering your cough

   exercise staying clean healthy food sleep

10. Eating a crunchy carrot

    exercise sleep healthy food staying clean

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Healthy Habits

Answer Key - Grade 2 Science Worksheet

Circle the way this habit keeps you healthy.

1. Dancing to music

   sleep staying clean healthy food **exercise**

2. Running at recess

   healthy food sleep **exercise** staying clean

3. Riding a bike

   staying clean sleep **exercise** healthy food

4. Reading a story before bed

   staying clean healthy food exercise **sleep**

5. Combing your hair

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6. Taking a bath

   exercise **staying clean** sleep healthy food

7. Drinking a glass of milk

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9. Covering your cough

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10. Eating a crunchy carrot

    exercise sleep **healthy food** staying clean