Healthy Habits

Grade 2 Science Worksheet - Challenge Me

Name _____ Date _____

Circle the way this habit keeps you healthy.

1. Riding a bike

   exercise staying clean healthy food sleep

2. Covering your cough

   staying clean sleep exercise healthy food

3. Taking a bath

   staying clean sleep healthy food exercise

4. Climbing on the bars

   staying clean healthy food exercise sleep

5. Brushing your teeth

   staying clean exercise healthy food sleep

6. Dancing to music

   healthy food staying clean exercise sleep

7. Combing your hair

   exercise staying clean healthy food sleep

8. Eating a crunchy carrot

   sleep staying clean healthy food exercise

9. Running at recess

   healthy food exercise sleep staying clean

10. Reading a story before bed

    sleep staying clean healthy food exercise

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Answer Key - Grade 2 Science Worksheet - Challenge Me

Circle the way this habit keeps you healthy.

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3. Taking a bath
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4. Climbing on the bars
   staying clean healthy food **exercise** sleep

5. Brushing your teeth
   staying clean exercise healthy food sleep

6. Dancing to music
   healthy food staying clean **exercise** sleep

7. Combing your hair
   exercise **staying clean** healthy food sleep

8. Eating a crunchy carrot
   sleep staying clean **healthy food** exercise

9. Running at recess
   healthy food **exercise** sleep staying clean

10. Reading a story before bed
    sleep staying clean healthy food exercise