# Write From Text Evidence

Grade 5 Writing Worksheet - Challenge Me

Name _____ Date _____

Choose three pieces of evidence that support the main idea. Write each one, then write why it supports the main idea.

READ THIS FIRST

**Main idea: Exercise is good for your body.**

Possible evidence:

- Exercise strengthens the heart.
- Some people jog before breakfast.
- Running builds strong leg muscles.
- Exercise helps you sleep better.
- Gyms have many machines.
- Active kids have more energy.
- Sneakers come in many colors.

1. Choose three pieces of evidence for the main idea and explain each one.

**Evidence 1** _____

_____

**Why it fits** _____

_____

**Evidence 2** _____

_____

**Why it fits** _____

_____

**Evidence 3** _____

**Why it fits** _____

**Scan to get this marked free. No screen time for your child.**
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Answer Key - Grade 5 Writing Worksheet - Challenge Me

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**Why it fits** _____

_____

**Evidence 2** _____

_____

**Why it fits** _____

_____

**Evidence 3** _____

_____

**Why it fits** _____

_____

**Three details that support the main idea, each with a reason that fits.**