Calm Breathing

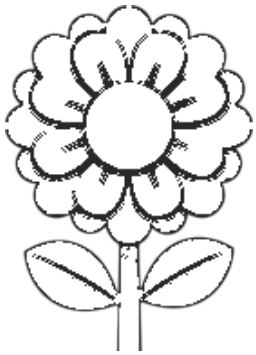
Preschool Social Studies Worksheet - Building Confidence

Trace around the picture with your finger. Breathe in going up and out coming down.

1.



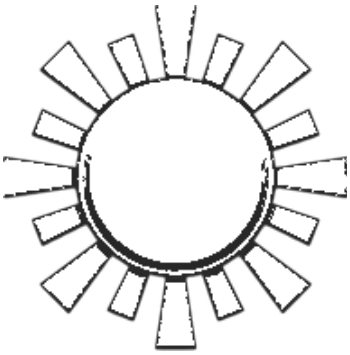
2.



3.



4.



Scan to get this marked free. No screen time for your child.

Print it · do it in pencil · scan it · PencilGo picks the next sheet.

Calm Breathing

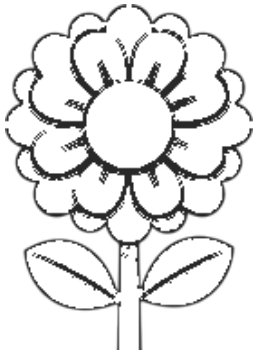
Answer Key - Preschool Social Studies Worksheet - Building Confidence

Trace around the picture with your finger. Breathe in going up and out coming down.

1.



2.



3.



4.

